



## Instructions for Wearing SPLINT

### 穿戴副木(SPLINT)須知(英文)

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Dear Mr. /Ms. \_\_\_\_\_,

The SPLINT you are about to wear is

Hand splint    Leg splint    Others \_\_\_\_\_

#### When to wear your splint

Wear for 24 hours ( Can be removed temporarily during shower and when changing the dressing. Please maintain the original posture. )

Daytime only    Nighttime only

Remove to rest for \_\_\_\_\_ minutes after wearing for every \_\_\_\_\_ hours.

Continue to use the splint until returning to the hospital for follow-up. Remove the splint under medical advice only.

#### Instructions for splint use

- The splint is made of low-temperature molded plastic, which softens and deforms under high temperature. Avoid places of high temperature for storage and wearing the splint. Splint should avoid contact or approach to hot water or heat ( It is necessary to remove the splint temporarily before shower ). Please stop wearing the splint once it is deformed or shows pressure point.
- Clean the splint and wipe off the stain gently with regular cleaner and water. Rinse the splint with water and wipe dry before wearing.

- Please keep the hand/leg and the splint clean and dry.
- If the patient experiences discomfort, pressure or swelling from wearing the splint, please record the area of swelling or discomfort in order to inform the therapist later for adjustment.
- Others \_\_\_\_\_

### Venue of consultation and service numbers

- China Medical University Hospital: Rehabilitation Building, 2<sup>nd</sup> floor, Zone 5
- Reservation Hotline: Monday-Friday 08 : 30 ~ 16 : 30
- For any question, please contact with us : Telephone: ( 04 )22052121 EXT. 2246

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若有任何疑問，請不吝與我們聯絡  
電話：(04) 22052121 分機 2246  
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